



Accessibility at The Rest

The Rest Hostel · Foley Street, Dublin

Version 1.0 · October 2026

Fáilte do chách – a welcome for everyone

The Rest is a hostel on Foley Street in Dublin 1, a short walk from Connolly Station, Busáras and the Luas Red Line, and just minutes from O'Connell Street and the Liffey. We want every guest to be able to enjoy their stay, so we have designed The Rest with step-free access, lifts to every floor and accessible bedrooms.

If you have any access needs, or would like more detail before you book, please get in touch with our team – we're happy to talk it through and make arrangements for you (see Contact us below).

At a glance

- Step-free main entrance, reception and social spaces
- Lifts to all floors, with tactile and Braille buttons
- Accessible private rooms with roll-in showers, grab rails and shower seats
- Accessible toilets on the ground floor
- Reception open 24/7, with a team trained in accessibility awareness and emergency evacuation
- Assistance dogs welcome

Getting here **Ag teacht anseo**

- Rail and bus: Connolly Station and Busáras (the central bus station) are about 5 minutes' walk away.
- Luas: the nearest Red Line stop is Busáras / Connolly, about 5 minutes' walk.
- Airport: Dublin Airport buses stop, 5 minutes walk
- Taxis and drop-off: taxis and accessible taxis can drop off directly outside the entrance on Foley Street.
- Parking: The Rest has no on-site parking. The nearest accessible parking is [Dublin Irish Life Parking](#) | [Dublin Car Parks](#) | [Q-Park](#)

Arriving & reception **Fáilte isteach**

- Step-free entrance with automatic / power-assisted doors.
- Reception desk with a lowered section for wheelchair users.
- Self check-in kiosks are available, and our team can check you in at the desk if you prefer.
- Hearing loop at reception.

- We can store luggage for you before check-in and after check-out.

Bedrooms & bathrooms **Seomraí**

Our accessible rooms are private en-suite rooms and include:

- wider doorways and space to turn a wheelchair;
- a lower bed [height – confirm] with space on one side;
- a roll-in shower with grab rails and a fold-down shower seat;
- an accessible toilet and lowered washbasin;
- lowered light switches, sockets and wardrobe rail;
- a visual and vibrating fire alarm alert, available on request.

Accessible rooms are limited, so please book early and tell us about your needs at the time of booking. Dorm bunks are not suitable for guests who cannot use a ladder – if you'd like a lower bunk, just let us know and we'll do our best.

Social spaces **An Craic**

- Accessible toilets close to the social spaces.
- Lowered counter sections and table seating at mixed heights.

Safety & evacuation **Sábháilteacht**

Our team is trained in emergency evacuation, including helping guests who need assistance. If you might need help to leave the building in an emergency, please tell us at check-in so we can agree a Personal Emergency Evacuation Plan (PEEP) with you.

Other support

- Assistance dogs are welcome throughout the hostel. Pets are not allowed.
- Information about The Rest, including the house rules, is available in large print on request.
- Carers or personal assistants travelling with a guest can be booked in the same room – contact us for details.

Contact us

If you have questions or would like to talk about your needs before booking, please contact The Rest team:

- Email: hello@therestdublin.com
- Phone: 01 263 5855
- Address: The Rest, Foley Street, Dublin 1,

We are always working to improve accessibility at The Rest. If you have feedback on your stay, we'd love to hear it.

Last reviewed: October 2026